

Apple Dip

Ingredients

- 2-4 apples (sliced)
- 1/2 cup peanut butter or almond butter
- 1/2 cup plain greek yogurt
- 1 1/2 Tbsp honey
- 1/4 tsp cinnamon



Directions

1. Core and slice apples.
 2. In a bowl mix the peanut butter, yogurt, honey and cinnamon.
- Enjoy!